

**IAU Anti-Doping - Beta-blockers
Deutsch / English**

Reason: Request for an exception

Dear EC members,

Attached you will find my opinion on anti-doping regulations in the IAU. I am of the opinion that we need a uniform regulation. However, this regulation should take account of senior citizens in international competitions.

WADA

- According to the WADA Prohibited List, beta-blockers are prohibited in sport shooting in and out of competition. The ban on WADA covers sport shooting in accordance with ISSF and IPC.

IAU

- The IAU has stated that it recognizes the rules of WADA.
- Thus, the ban on beta-blockers in sport shooting is also recognized by the IAU.
- That means no athlete, no matter how old he is, must comply with all WADA prohibitions if he wants to compete internationally.

Practice of the IAU match

- Doping controls will be conducted in junior men, junior women, men and women.
 - No doping controls have been conducted in the Senior class so far.
 - Seniors participating in a World Cup competition start in the men's or women's class.
- In these competitions also seniors are controlled.

NADA Germany

- The criteria of NADA Germany for a TUE
- over 40 years old
- not belonging to a test pool
- Taking beta-blockers medically indicated.
- TUE is only valid for national (Germany) competitions.

My suggestion to the IAU-EC:

- A unique uniform regulation of anti-doping regulations in the division match crossbow and field crossbow. All anti-doping rules in the rules of the Match Crossbow and Field Crossbow are removed from these.
- All senior classes of the IAU are listed by name as "Masters"
- The anti-doping rules are managed by the IAU-EC.
- WADA's anti-doping rules are officially applicable to all classes
- In the master's class, the Beta Blocker section of the WADA Prohibited List is declared invalid for the IAU. Anti-doping controls can be carried out if required by the

IAU-EC.

- If athletes of the class "Masters" compete in the class "men" or "women" then all anti-doping regulations of the WADA also apply to them.

Thus, the IAU creates a uniform regulation for anti-doping regulations and excludes the large number of shooters who have a starting authorization in the class "Masters" not from international competitions. That could have a positive effect on the number of participants, and we stick to the rules of WADA in the main classes. Another advantage would be that the requests for exemptions thereby omitted. The athletes of the Master class are thus also integrated into international competitions without fear of being excluded.

**Proposal by Harald Lugmayr
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